

Duration Recording Form

Directions:

1. Decide if you are going to use a clock, timer, or a stopwatch.
2. Start the timer or stopwatch (or look at the clock) when the behavior begins; record the time.
3. Stop the timer or stopwatch (or look at the clock) when the behavior ends; record the time.
4. Record the length of the time (the duration) of the behavior.
5. Repeat steps for each occurrence of the behavior.
6. Total the duration of occurrences and average the time at the end of the observation.

Student: _____ **Date:** _____

Class/Teacher: _____ **Observer:** _____

Time of day: _____ **Length of observation:** _____

Behavior observed: _____

| Time behavior starts | Time behavior ends | Duration |
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| Total = | | |
| Average = | | |

Notes

Tips

- Duration data collection is used to determine the amount of time a student is engaged in the behavior of interest.
- Combine this method with event data collection to get a more complete “picture” of the behavior and its impact.
- Remember, a clock, timer, or a stopwatch can be used to collect data; a stopwatch, though, is suggested because it allows for an accurate collection of time and for you to focus on the behavior.