

The IFSP

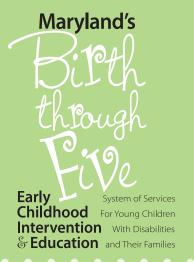
A Family Guide To Understanding The Individualized Family Service Plan (IFSP)

The Maryland Infants and Toddlers Program



MARYLAND STATE DEPARTMENT OF EDUCATION

Division of Special Education/Early Intervention Services
Early Childhood Intervention and Education Branch
Maryland Infants and Toddlers Program/Preschool Special Education Services





About This Guide

This guide, A Family Guide To The Individualized Family Service Plan (IFSP), is part of Maryland's Birth Through Five Parent Information Series a collection of publications designed to support families in the early intervention and education birth through five system of services. It will help guide families through the IFSP process and written document. To receive a copy of other guides in the series, please contact your local Infants and Toddlers Program.

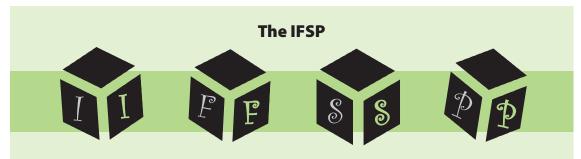
The Individualized Family Service Plan

The first booklet in this Parent Information Series, *Birth To Three: A Family Guide to Early Intervention Services in Maryland*, was designed to help you understand the Maryland Infants and Toddlers Program. Now that your child's initial evaluation is complete and your child has been found eligible for early intervention services, it is time to develop the **Individualized Family Service Plan (IFSP)** for your child and family.

You know your child best. Your local Infants and Toddlers team will enjoy learning about your child's interests and what helps him or her learn. You will *learn from and work with* the early intervention service providers to help your child. You are your child's first and best teacher. You play a critical role in developing the **Individualized Family Service Plan (IFSP)**. Your commitment, dreams, and desires for your child will help guide the development of the IFSP, as well as any IFSP reviews and updates.

What Is The IFSP?

The IFSP provides the foundation of family-centered early intervention services. The IFSP is an agreement between you and the local Infants and Toddlers Program regarding the early intervention services and supports provided to your child and family. The IFSP is both an agreement and a written document that puts in writing your child's strengths and needs, your family's priorities, and the outcomes you and the team would like your child to achieve. The IFSP provides the "what, when, where, why, and how" of early intervention services to be provided to your child and family.



- ▶ Individualized to meet the unique needs of your child and family
- **Family** as a partner and at the center of the early intervention process
- ▶ **Services** to enhance your child's development and support your family's needs
- ▶ **Plan** of action for the services and supports to be provided to your child and family

Maryland is required by federal and State legislation to ensure that the early intervention process is family-focused. Early Intervention services are covered by Part C of the Individuals with Disabilities Act (IDEA) and the Code of Maryland Regulations (COMAR).

The IFSP Process

The IFSP process begins when your child is referred to your local Infants and Toddlers Program due to a concern about his or her development. The local Infants and Toddlers Program will contact your family within **2** days of receiving the referral. Your early intervention team has **45** days from the date of referral to complete your child's evaluation and assessment and complete an initial written IFSP. Most services contained in the IFSP document begin no later than **30** days after the IFSP has been signed by you. The completion of the IFSP or the start date for an IFSP service may be delayed by a family reason.

All partners learn to trust and respect each other's expertise in order to share information and make decisions. Families and early intervention providers bring unique strengths to this collaborative partnership. The first IFSP meeting will include you and your service coordinator, and may include staff that helped complete the developmental evaluation and assessment of your child. Such staff may participate by telephone or by providing a written report. You may invite others to attend the meeting, including family members, friends, and child care providers that you feel should be involved. Together, you will develop an IFSP that supports you and your family.

The IFSP process is ongoing. You and your IFSP team will review the IFSP every **6** months after the initial completion date. You may request a review at any time to make sure the IFSP continues to meet the changing needs of your child and family. Development and review of the IFSP are collaborative processes that take place during IFSP team meetings. You and your service coordinator must be present for all IFSP meetings.

About Your Service Coordinator

Your service coordinator:

- ▶ Guides you in setting priorities for your child and family
- Coordinates services and supports
- ▶ Helps you find answers for your questions
- Offers information on helpful State and community resources
- Finds opportunities for you to connect with other families
- Is the best person to contact if you have any questions throughout the IFSP process

In Maryland Concern about Child's Development Child referred to Local Single Point of Entry 2 days Family contacted by local Infants & **Toddlers Program** Child/Family Evaluated and Assessed 45 days Eligibility Determined **IFSP** Developed 30 days IFSP **Implemented** 6 months Annually Ongoing **IFSP** Reviewed Begins **IFSP** at 24 Transition months **Planning** of age Child/Family 36 **Transition** months Family Choice of age

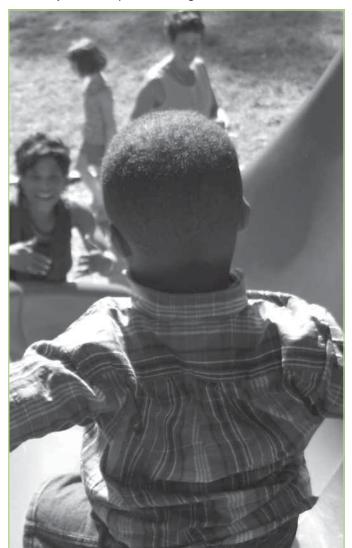
The IFSP Process

Transition planning begins when your child reaches age 2, as it is important to start planning early what will happen after your child reaches age 3. You will have the choice to continue services through an IFSP or begin services through an IEP if your child is found eligible for preschool special education.



The Written IFSP Document

The Individualized Family Service Plan (IFSP) is both an agreement and a legal document that puts in writing information about your child's development, your family's priorities, your child's strengths and needs, and the outcomes you and the IFSP team would like to have your child achieve. It is the plan of action—the who, what, when, where, why, and how of services and supports to be provided to your child and family. This guide introduces you to the various sections of the IFSP document. Your service coordinator and service providers from your local Infants and Toddlers Program will explain the sections in greater detail as you develop the IFSP together.



IFSP Cover Page

CHILD AND FAMILY INFORMATION

The written IFSP document begins with a cover page that includes information about your child and family, as well as contact information for your service coordinator and IFSP team participants. The cover page also lists projected meeting dates for your 6-month and annual IFSP reviews, and a projected date range for your child's transition planning meeting.

Individualized Family Service Plan (IFSP)

Referral Date:	IFSP Meeting	g Date:	IFSP Meeting Type:	☐ Interim ☐ Initial ☐ Ann	ual Evaluation
	CI	nild and Fan	nily Informati	on	
Child Name (First/Mic			,	-	
Birth Date:	ID	Number:	1	MA Number:	
Address:			- 1	Home Phone:	
Parent/Guardian/Sur	rogate Name:				
Address:				Home Phone:	
Address:			,	Work Phone:	
E-mail:			-	Cell Phone:	
Best Time to Contact:	В	est Method of Cor	ntact: Home Phone	e ☐ Work Phone ☐ Cell Ph	one 🗆 E-m
	T	eam Partici	pant Signatur	es	
eligible child and family Service Coordinator	to achieve the outco	Date	Evaluator/Assessor (a	r involvement through other means, as app	rooriate) Date
Service coordinator		Dute	Evaluation/100C001 (c	more men anough one mens, as upp	reprinte) Date
Interim/Alternate Service Co	ordinator	Date	Other Participant	Agency/Title	Date
Lead Agency Representative		Date	Other Participant	Agency/Title	Date
Parent(s)/Guardian/Surroga	te	Date	Other Participant	Agency/Title	Date
	Ser	vice Coordin	ator Informat	ion	
	t this IFSP or any of the	individuals working v	with your child and family	, contact your service coordinator.	
If you have questions abou					
If you have questions about Service Coordinator N	ame:				
	ame:				
Service Coordinator N	ame:				
Service Coordinator N Agency:		mail:			
Service Coordinator N Agency: Address:	E-		P Meeting Dat	es	
Service Coordinator N Agency: Address:	E-		P Meeting Dat	es	
Service Coordinator N Agency: Address: Work Phone:	E- Pr onth IFSP Review:	ojected IFS	P Meeting Dat	es	



IFSP Part I, Section A: Information About My Child's Development

GENERAL HEALTH

G	eneral Health		
What was your child's gestational age at birth?	Weeks	Days	
What was your child's birth weight?	Pounds	Ounces OF	R Grams
Who is your primary care physician or other health car	e professional?		Phone:
IMMUNIZATIONS			
Do you have a copy of your child's immunization recor if NO, please indicate the strategies to be used to obta		immunization record	ı.
Does the immunization record have the required immu If NO, what strategies will be implemented for your chi			□ Yes □ No
Indicate immunizations needed (immunizations in BOI DTaP/DT			R 🗆 Varicella
Has your child's lead level been tested? Are there any concerns about your child's lead level?	Yes No If YE		
NUTRITION			
Are there any concerns about your child's eating, gene	ral nutrition or growth?	□ Yes □ No	
If YES, please explain.			
If YES, please explain. GENERAL HEALTH CONCERNS			

In order to provide services that will meet your child's needs, it is important that you share all relevant information, as well as any health concerns you may have about your child.

Helpful hints to help you prepare:

- Talk to your child's doctor.
- Ask your service coordinator to help you gather your child's health information.
- Ask about your child's diagnosis and about words and phrases you don't understand.
- Write down your child's health and medical information.
- Provide a copy of your child's immunization record, if you have it.

IFSP Part I, Section B: Information About My Child's Development

PRESENT LEVELS OF DEVELOPMENT

The IFSP describes how your child is developing right now. In order to provide services for your child that will meet his or her developmental needs, and to know where to begin, the IFSP team must understand how your child is developing compared to other children his or her age.

A variety of service providers will conduct an assessment by asking you questions about your child's daily routine, including how he or she plays with others (personal-social skills), and helps with feeding and dressing (adaptive skills). They will play with your child to observe thinking (cognitive) skills, language (communication) skills, and motor (fine and gross motor) skills and activities.

Child !	lame:		ID Num	ber:			IFSP I	Meeting D	ate:		
•			NFORMATION AI				o o	• •	• •	• •	۰
Evalua	ntion Status:	lnterim (B	irth to 3) 🗓 Exit (Birl	th to 3) 📵 Int	erim (3 to Kin	dergarten	Age)	□ Exit (3	to Kinde	ergarter	n Ag
			Present Leve	ls of De	velopme	ent					
	Area	Date of Assessment (MM/DD/YY)	Name of Assessment Instrument(s)	Chronological Age	Age Level/ Age Range		Qui	alitative De	scription		
Cognitive	Cognitive (Playing, thinking and exploring)										
Communication	Communication (Understanding others and expressing myself)										
Social or Emotional	Social or Emotional (Emotions, feelings, and interacting with others)										
Adaptive	Adaptive (Eating, drinking, toileting, and doing things for myself)										
	Fine Motor (Using my hands for play, feeding or other activity)										
Physical	Gross Motor (Moving my body to change position or location)										
_	Hearing	Has your ch Are there an	Id pass a Universal ild seen an audiolog y concerns about y valuation/Observati	gist for a full I our child's he	nearing eval	uation?	☐ Yes	□ No □ No □ No	□ Not A	Applica	able
	Vision	Are there an	ild's vision been tes y concerns about y valuation/Observati	our child's vi	sion?		□ Yes □ Yes				



IFSP Part I, Section C: Information About My Child's Development

ELIGIBILITY FOR SERVICES

Child Na	me: ID Number:			IFSP Meeting Date	::
	PART I - INFORMATION ABOUT MY Section C - Eligibility for Early I				
	Eligibilit	у			
	Your child is eligible for early intervention services base Eligibility is based on the <u>ONE</u> catego				255.
О	AT LEAST A 25% DEVELOPMENTAL DELAY				
	hild is eligible for early intervention services because my child i Illowing developmental areas. Check all that apply :	s experie	encing at least a	25% delay in one	e or more of
□ Co	gnitive	aptive	□ Physical: _	_ Fine Motor _	Gross Motor
	ATYPICAL DEVELOPMENT OR BEHAVIOR				
	hild is eligible for early intervention services because my child i or more of the following developmental areas, that is likely to re				
□ Co	gnitive	aptive	☐ Physical:	_ Fine Motor _	Gross Motor
	DIAGNOSED PHYSICAL OR MENTAL CONDITION WITH A HIGH PROBA	BILITY OF	DEVELOPMENTAL	L DELAY	
Ghrich Christian	probability of resulting in developmental delay. This list is not romosomal disorder:	.g., mapl ouse (e.ç t or show rain dhood (e nz.)	le syrup urine di 3., Fetal Alcohol ving evidence of e.g., adrenoleuko underlying condi	sease and galact Syndrome) I intrauterine grov odystrophy, TaySi	wth restriction
□ Oth					
□ Oth					

This section of the IFSP describes how your child is determined eligible for early intervention services based on the results of the evaluation process. Your child has been determined eligible for early intervention services because your child has:

- At least a 25% developmental delay; or
- Atypical development or behavior; or
- A diagnosed physical or mental condition with a high probability of developmental delay.

IFSP Part II, Section A: Information About My Family

CONCERNS, PRIORITIES, AND RESOURCES

This section of the IFSP identifies the priorities and concerns that are important to your family and that may affect the ability of your child to benefit from early intervention services. You may share as much or as little information as you choose.

Your concerns are the worries you may have.

- What concerns do I have about my child's health?
- What concerns do I have about my child's development?
- What is working right now?
- What is not working?
- What would make my life easier?

Your priorities are what you hope for the future.

- What are my hopes and dreams for my child?
- If I could focus my energies on one thing, what would that one thing be?
- What would I like to see my child do in the next 6 weeks?
- What would I like to see my child do in the next 6 months?

Your resources are your current supports.

- What are my family's strengths in meeting my child's needs?
- What friends, families, and/or neighbors are supportive?
- What churches, agencies, and/or programs have been or could be helpful?



	Cŀ	nile	i Na	am	e:												T	DΝ	umb	er:							IF	SP N	Meet	ting	Date				Т	٦
-	D.	- 0		0	0	- 0	- 0	- 4	0	0	0	- 0	- 0	- 0	0	_	D.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

PART II - INFORMATION ABOUT MY FAMILY

MY FAMILY'S CONCERNS	MY FAMILY'S PRIORITIES	MY FAMILY'S RESOURCES
Concerns I have about my child's nealth and development. Information, resources, supports I need or want for my child and/or family.	My hopes and dreams for my child. The most important things for my child and/or family right now.	Resources that my child/family has for support, including people, activities, programs/organizations.

This information was gathered through a family-directed assessment using the following. Check all that apply

Ages and Stages Questionnaire (ASQ)
 Other tools/methods:

□ Locally developed family interview tool □ Routines-Based Interview (RBI)

☐ Family declined family-directed assessment.



IFSP Part II, Section B: Information About My Family

NATURAL ENVIRONMENTS

Child Name:	ID Number:	IFSP Meeting Date:
	• • • • • • • • • •	• • • • • • • • • • • •
	PART II - INFORMATION AB Section B - Natural Env	
	Routines In Natural E	nvironments
as in the home, child care prog	ram, or other community setting. Natural environm	nment is a location where your child and family spend time, such ents are where typically developing children play and learn. I your child and family will receive early intervention services.
	nily spend time? Check all that apply:	you and and rainly will receive early intervention services.
Child's home Child care center Religious setting Family child care	□ Early Head Start/Head S □ Library □ Home of family member □ Toddler playgroup □ Judy Center	 Parent's place of employment
What are some of the acti	vities that you like to do together as a family?	
Is there something you wo	ould like to do as a family, but cannot do at th	s time?
What are the daily routine	s of your child and family? Are some of these	routines challenging? Are there other routines that your
What are the daily routine	s of your child and family? Are some of these	
What are the daily routine	s of your child and family? Are some of these	
What are the daily routine family would like to establi	s of your child and family? Are some of these	routines challenging? Are there other routines that your
What are the daily routine family would like to establi	s of your child and family? Are some of these sh?	routines challenging? Are there other routines that your
What are the daily routine family would like to establi	s of your child and family? Are some of these sh?	routines challenging? Are there other routines that your
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What are the daily routine family would like to establing the stable of	s of your child and family? Are some of these sh? keep your child and family from participating	routines challenging? Are there other routines that you the challenging and the control of the challenging and the challenging and the challenging and the challenging and the challenging are challenging?

The IFSP identifies the routines and environments that are unique to your family. Children learn best in their own environment, when they are doing what they typically do every day, using their own materials and with the people that are most familiar to them. Early intervention services are provided in the natural environments. Natural environments include homes, child care programs, and other community programs or settings where your child and family spend time.

It is important for your service provider to understand your family's daily routines and where you spend time, so that strategies may be developed to help you and your child participate in home and community activities.

age 7 • • • • • • • • • • • • • •



IFSP Part III, Section A:

STRENGTHS AND NEEDS SUMMARY

This section of the IFSP summarizes your child's strengths and needs. For your child to be an active, successful participant in activities at home, in the community, and in places like child care or preschool programs, he/she needs to develop skills in three functional areas: 1) developing positive social-emotional skills, 2) acquiring and using knowledge and skills, and 3) taking appropriate action to meet needs. To understand your child's development and progress in relation to himself/herself and in comparison to same age peers, different sources of information are gathered. This assists you with the IFSP team to answer the question "How Does My Child's Development Relate to His/Her Same Age Peers?" Your participation in this process is essential; you may choose to use the Family Worksheet on page 13 to assist you to write down information about your child.

		Strengths and N	leeds Summary	
n three f neet nee o unders	'unctional areas: (1) developing eds. We use information about y	positive social-emotional skills; (2) acq your child's present levels of developme	and in places like child care or preschoo uiring and using knowledge and skills; nt, your family's concerns, resources and ame age peers. This information suppo	and (3) taking appropriate action to priorities, and your daily routines
		MY CHILD'S STRENGTHS	MY CHILD'S NEEDS	
н	OW DOES MY CHILD	What are some things my child likes to do? What skills does my child demonstrate or is beginning to demonstrate?	What are some skills or behaviors that my child does not do or are difficult for my child? In what activities or skill areas does my child need considerable support and/or practice?	HOW DOES MY CHILD'S DEVELOPMENT RELATE TO HIS/HER SAME-AGE PEERS?
DEVELOPING POSITIVE SOCIAL-EMOTIONAL SKILLS	Attend to people? Relate with family members? Relate with other adults? Relate with other children? Display emotions? Respond to touch?			Has my child shown any new skills o behaviors related to positive social- emotional development since the las Strengths and Need Summary! Li Yes (include as "Strengtha") Li No "I Not applicable
ACQUIRING AND USING KNOWLEDGE AND SKILLS	Understand and respond to directions and/or requests from others? Think, remember, reason and problem solve? Interact with books, pictures, and print? Understand basic concepts such as "more", "bid", "hor?".			Has my child shown any new skills or behaviors related to acquiring and using knowledge and skills since the last Strengths and Needs Summer on New Summer or New Summer o

PART III - MY CHILD/FAMILY OUTCOMES RELATED TO MY CHILD'S DEVELOPMENT

IFSP Part III, Section B:

CHILD AND FAMILY OUTCOMES RELATED TO MY CHILD'S DEVELOPMENT

Child Name:			ID Numbe	r:			IFSP	Meeting	Date:	
							0 0		0 0	
PART III - MY	CHILD/FA	MILY O	ЈТСОМЕ	S RELA	TED TO N	иY CHILD'S	DEV	ELOPN	IENT	
	Se	ection B	- Child	and Fan	nily Outo	omes				
	(Child a	nd Fa	mily (Outcon	nes				
Based upon information from your chi										
priorities, and resources, and your daily outcomes for your child and/or family,										
OUTCOME			STRAT	EGIES/AC	TIVITIES/	•		М	EASURAB	LE CRITERIA
			LEARN	NG OPPO	RTUNITIES					
What would we like to see happen?					e taken to					know who
то эсе парреп:			ccompila	i tile pric	only outco	ine:		uie c	Julcome	is acriieve
			1							
EDUCATIONAL OUTCOMES ADDRES	SED (at age 3	or older)	□ Lar	iguage	□ Nume	eracy □P	re-lite	racy		
	SED (at age 3	or older)	□ Lar	iguage	□ Nume	eracy □P	re-lite	racy		
TIMELINE		or older)	□ Lar	nguage	□ Nume	eracy ⊡P	re-lite	racy		
TIMELINE PARTICIPANTS - Who will be involved		or older)	□ Lar	iguage	□ Nume	eracy		racy		
TIMELINE PARTICIPANTS - Who will be involved Name:			□ Lar	eguage	□ Nume		ail:	racy		
TIMELINE PARTICIPANTS - Who will be involved Name: Name:		Title:	□ Lar	nguage	□ Nume	Phone/E-ma	ail:	racy		
TIMELINE PARTICIPANTS - Who will be involved Name: Name: Name:		Title:	□ Lar	nguage	□ Nume	Phone/E-ma	ail: ail: ail:	racy		
TIMELINE PARTICIPANTS - Who will be involved Name: Name: Name:		Title: Title: Title:	□ Lar	nguage	□ Nume	Phone/E-ma Phone/E-ma	ail: ail: ail:	racy		
TIMELINE PARTICIPANTS - Who will be involve Name: Name: Name: Name: Roview Codes: Select the code th	d?	Title: Title: Title: Title:	□ Lar	nguage Date:	□ Nume	Phone/E-ma Phone/E-ma	ail: ail: ail: ail:	Comme	ents:	
TIMELINE PARTICIPANTS - Who will be involve Name: Name: Name: OUTCOME PROGRESS REVIEW Review Codes: Select the code th	d? nat best applie	Title: Title: Title: Title:				Phone/E-ma Phone/E-ma	ail: ail: ail: ail:		ents:	
TIMELINE PARTICIPANTS - Who will be involve Name: Name: Name: Name: OUTCOME PROGRESS REVIEW Review Codes: Select the code th 1- Proficient - We did th! 2- In process - We're making p. 3- Needs development - Lefs - 3- Needs development - 1- 28- 3	d? nat best applie	Title: Title: Title: Title: Title:				Phone/E-ma Phone/E-ma	ail: ail: ail: ail:		ents:	
TIMELINE PARTICIPANTS - Who will be involve Name: Name: Name: OUTCOME PROGRESS REVIEW Review Codes: Select the code ti 1- Proficient - We did it! 2- In process - We're making p 3- Needs development - Let's r 4- No longer needed	d? nat best applie	Title: Title: Title: Title: Title:				Phone/E-ma Phone/E-ma	ail: ail: ail: ail:		ents:	
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TIMELINE PARTICIPANTS - Who will be involve Name: Name: Name: Name: OUTCOME PROGRESS REVIEW Review Codes: Select the code ti 1- Proficient - We did it! 2- In process - We're making p 3- Needs development - Lef's r 4- No longer needed 5- Postponed OUTCOME PROGRESS RESPONSE - Review Codes: Select the code ti	nat best applie rogress. nake adjusti	Title: Title: Title: Title: Title: Title: Ments.	Code:	Date:	Initials:	Phone/E-ma Phone/E-ma	ail: ail: ail: ail:			
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TIMELINE PARTICIPANTS - Who will be involve Name: Name: Name: Name: OUTCOME PROGRESS REVIEW Review Codes: Select the code ti 1- Proficient - We did it! 2- In process - We're making p. 3- Needs development - Lef's r. 4- No longer needed 5- Postponed	nat best applie rogress. nake adjusti	Title: Title: Title: Title: Title: Title: Ments.	Code:	Date:	Initials:	Phone/E-ma Phone/E-ma	ail: ail: ail: ail:	Comme		

Outcomes are the basis for identifying early intervention supports and services. Sharing your child's present levels of development, your family's concerns, priorities and resources, your daily routines, and your child's summarized strengths and needs will help determine the outcomes you would like your child and family to accomplish as a result of early intervention. Then, the specific steps, strategies and activities required to accomplish the outcomes are determined. You may have as many outcomes as you need. You will use a new page for each outcome. Everyone who is working with your child will know what the outcomes are, when they are expected to be achieved, and who helps to achieve them.



IFSP Part IV:

EARLY INTERVENTION SERVICES

		Early Interver	ntion Serv	/ices	
					eeds of your child. Each early interventi pleted for each service/support/setting
		SERVICE DESC	RIPTION		
TYPE OF SERVICE	E Number of Sessions	Frequency	Intensity	Method	SETTING
Please specify:	□ 1 □ 2 □ 3	☐ Only ☐ Daily ☐ Weekly	Number of minutes per session:	☐ Group ☐ Individual	☐ Home (Principal residence of child's family or caregivers) ☐ Community-Based Setting
	□4 □5 □6	☐ Monthly ☐ Yearly ☐ Quarterly	30 30 45		(Please specify):
	Other:	☐ Semi-Annually	□ 60 □ 90		Other (Please specify):
Discussion of Early Int	ervention Service Delive	ry:	120 180 240 Other:		Justification for Other Setting:
Type o	f Service	Commu (Where children with	nity-Based Settir out disabilities are	ngs typically found)	Other Settings (Not community or home-based)
Audiology Family Counseling Training Health Medical (diagnosis & evaluation only) Nursing Nutrition Occupational Therapy Physical Therapy	Psychological Respite Care Social Work Special Instruction Speech/Language Therapy Vision Services Other	Child care center (includ family day care) Preschool program Regular nursery school Early childhood center Early Head Start/Head S Even Start Judy Center Library	Park/Play Restaurar Communit Parent's p	ground	Early Intervention Center/Class for Children with Disabilities Service Provider Location (e.g. Outpatient, Audiologist) Hospital (inpatient) Residential facility Other
Financial Responsible payment of services. Local School Syste. Local Health Depart Local Department of Control Other (Please specific payments).	tment of Social Service	responsible for			name of the agency providing the designation within each agency.
Reimbursement Sou when the agency design	rce: Check one reimburs gnated as financially respile service from another s	onsible intends to		ne/Phone Number individual provid	er: Record the name and phone ing the service.
 □ Medical Assistance □ Maryland School fo □ Maryland School fo □ Other (Please spec 	r the Blind r the Deaf				
Projected Service Ini service is projected to	tiation Date: Record the begin.	date on which the		rvice Review Da rice will be review	te: Record the projected date on ved.
Projected Duration: F	MM/DD/YY Record the time period th	at the service will be	Service Endir		the date on which the service ends.
provided.				•	
	MM/YY			- N	M/DD/YY

This part of the IFSP describes how often, where, when, and the type of early intervention services that you and your child will receive from your local Infants and Toddlers Program. You may receive more than one service and there is a new page for every service. In addition, your child's need for assistive technology and transportation will be discussed. You have a crucial role in the provision of early intervention services. Your team of professionals will demonstrate, show you techniques and coach you and your family on how to implement intervention strategies into the routines of your family.

It is important to think realistically about which services your child and family may need.

IFSP Part V:

SERVICE LINKAGES

Service linkages are additional services and supports in the community, outside the scope of your local Infants and Toddlers Program, to enhance your child's development. It is important for all community partners to work together to promote the development and well-being of your child and family. Your service coordinator will work with you to identify these linkages.

Questions To Consider:

- Am I interested in speaking with another parent of a child in the early intervention program?
- Am I interested in attending workshops to learn more?
- · Am I having a hard time finding child care?
- Is there anything available for the other children in my family?

Child Name:	ID	Number:			IFSP Meeting Date:
• • • • • • •				0 0	
	PART	V - SERV	ICE LINKAGES		
	Sai	rvico I	.inkages		
				_	
Service linkages are community your child and family. <u>A separate</u>				nd you	r family's capacity to meet the needs of
Service linkages are being pro	vided for the following famil	ly membe	r. (Check only <u>ONE</u> of the fo	llowin	g.)
☐ Eligible Child ☐ Siblin	ng 🗅 Family	□ Pare	nt/Guardian 🖵 Oth	ner Re	elative
SERVICE LINKAGES TO BE PRO	VIDED (Check <u>ALL</u> that apply.)			
Child Care/Enrichment Defore/After Child Care D Camps, Day/Residential Darly Head Start Head Start Head Start Defore/After Day Care Deformity Day Deformity D	Income Assistance Demergency Financial Assistance Demarkation Food Stamps Demarkation Dema	□ Asser □ Denta □ Diagr □ Equip □ Healt □ Home □ Hosp □ Immu □ Ment □ Prena □ Presa □ Prima □ Scree □ Surgi □ Surgi	al Services nosticAdvisory Clinics ment/Devices h Insurance sheath Care talization nizations al Health Services stal Care ription Drugs my Health Care talith Care talith Care talith Care talith Care talith Care talith Care alt Health Services tal Care cription Drugs my Health Care and Treatment cal Procedure en, Infants, and en (WIC) Program	Cr Grants	ar utilit Education utilities are utilities
SERVICE LINKAGE PROVIDERS					
Provider Name:			Provider Name:		
Phone/E-mail:			Phone/E-mail:		
Provider Name:			Provider Name:		
Phone/E-mail:			Phone/E-mail:		
STRATEGIES TO HELP SECURE	SERVICE LINKAGES FOR THE F	FAMILY			
PAYMENT SOURCES (Check all		_	SON(S) INVOLVED TO SECU	JRE SE	
□ Health Maintenance Orga □ Medical Assistance	inization (HMO)	Nai	me:		Name:
□ No fee □ Other Health Insurance		Title	9:		Title:
□ Parent: Full Payment		Pho	one:		Phone:
□ Parent: Sliding Fee		E-n	nail		E-mail



IFSP Part VI:

AUTHORIZATIONS

PART VI	- AUTHORIZATION(S)
Aut	horization(s)
ARENT/GUARDIAN/SURROGATE CONSENT	
I/We have had the opportunity to participate in the di been provided reasonable notice of the IFSP meeting	evelopment of this Individualized Family Service Plan (IFSP) and having.
I/We have been informed of my/our parental rights Procedural Safeguards Notice and a family handbook	under this program through receipt of the Parental Rights: Marylandok about Maryland's early intervention system.
 The early intervention services will be provided as deleast every six (6) months. 	escribed in the IFSP. I/We understand that the IFSP will be reviewed a
I/We understand that my/our consent is voluntary are	nd that I/we may revoke consent at any time.
	vithout my/our signed and written consent except under the provision: FERPA). This law allows the release of early intervention records to m.
	information through a statewide database. This database will be used ISDE) and other State agencies, as appropriate, to enable funding of
I/We have been informed of the determination(s) of the	e IFSP team in my/our native language or other mode of communication
This also selled the selection of the selled the sellection of the	
 This plan reflects the outcomes that are important to I/We understand the plan and parental rights and gire 	· ·
·	· ·
I/We understand the plan and parental rights and git Parent(s)/Guardian/Surrogate Signature	ve permission to implement this IFSP.
I/We understand the plan and parental rights and git Parent(s)/Guardian/Surrogate Signature IEDICAL ASSISTANCE I/We choose to accept Service Coordination for the purpose of this service is to assist in gaining	ve permission to implement this IFSP. **Dete** Children with Disabilities Case Management. I/we understand the access to needed medical, social, educational, and other services.
I/We understand the plan and parental rights and git Parent(s)/Guardian/Surrogate Signature IEDICAL ASSISTANCE I/We choose to accept Service Coordination for the purpose of this service is to assist in gaining I/We understand that continuation of this service de Children with Disabilities, (COMAR 10.08-46). I/We understand that this service does not restrict or I/We understand that this service does not restrict or	ve permission to implement this IFSP. **Date** Children with Disabilities Case Management. I/we understand the access to needed medical, social, educational, and other services pends on meeting eligibility requirements for Service Coordination for the content of the content
I/We understand the plan and parental rights and git Parent(s)/Guardian/Surrogate Signature IEDICAL ASSISTANCE I/We choose to accept Service Coordination for the purpose of this service is to assist in gaining I/We understand that contunation of this service de Children with Disabilities, [COMAR 10.09.40]. I/We understand that this service does not restrict o benefits. I/We understand that I/We am fire to choc I/We give permission to the provider agency to re-related services, related to the implementation of	ve permission to implement this IFSP. **Date** **Children with Disabilities Case Management. I/we understard the access to needed medical, social, educational, and other services pends on meeting eligibility requirements for Service Coordination for otherwise affect a participant's eligibility for other Medical Assistances a case manager/service coordinator for my/our child. **over costs from Medicaid for service coordination, as well as health my/child's outcomes. I/We understand that if I/we refuse to allow the 3t. Iddees not relieve the public agency of its responsibility to ensure the control of the control
I/We understand the plan and parental rights and git Parent(s)/Guardian/Surrogate Signature IEDICAL ASSISTANCE IWe choose to accept Service Coordination for the purpose of this service is to assist in gaining the understand that continuation of this service de Children with Disabilities, [COMAR 10 09.40]. I/We understand that this service does not restrict to benefits. I/We understand that I/We are more to chooled. If the continuation of the con	ve permission to implement this IFSP. **Date** **Date** Children with Disabilities Case Management. I/we understand the access to needed medical, social, educational, and other services pends on meeting eligibility requirements for Service Coordination for otherwise affect a participant's eligibility for other Medical Assistances a case manager/service coordinator for my/our child. over costs from Medicaid for service coordination, as well as health my child's outcomes. I/We understand that if I/we refuse to allow the 8. It does not relieve the public agency of its responsibility to ensure

This section is where you provide informed written consent before early intervention services begin, at every IFSP review meeting, and when the content of the IFSP is changed. It is important to read every statement and ask questions if there is anything that may be confusing.

Questions To Consider:

- Have I received a copy of the *Parental Rights: Maryland Procedural Safeguards Notice* from my local Infants and Toddlers Program?
- Have my rights in the early intervention system been explained?
- Do I understand which services will be delivered to my family?
- Do I understand that these services are provided at no cost to me?



About Medicaid (Medical Assistance)

- Services through local Infants and Toddlers Programs are provided at no cost to families.
- If your child is eligible for Medicaid (Medical Assistance) and you provide written consent, the local Infants and Toddlers Program may bill Medicaid for specific services for your child.
- If you provide written consent for billing purposes, your local Infants and Toddlers Program will ask you for your Medical Assistance number.
- Your consent allowing the Infants and Toddlers Program to bill Medicaid will <u>not</u> prevent your child or any other Medicaid-eligible individual in your family from receiving the medical care they are receiving now or will receive in the future.



IFSP Part VII:

TRANSITION INFORMATION

Child Name: ID Number:					IFSP Meeting Date:
PART			ANSITION INFO		
	Tran	sition	At Age 3		
TRANSITION PLANNING ME	TING DATE:				
EXPLANATION FOR MEETING DELAY					
If the Transition Planning Meeting is held after the c has reached 33 months of age, check the response below that provides an explanation. (Check only one Attempts to contact family were unsuccessful. Child was referred at 31.5 months of age or later. Family requested to reschedule or delay the meet Other:			e prior to the child's third birthday, check the response below that provides an explanation. (Check only one.) Attempts to contact family were unsuccessful. Child was referred at 34.5 months of age or later. Family declined to participate in the meeting. Other:		
CONSIDERATION OF ELIGIBILITY FOR PRESCHO	OL SPECIAL EDU	CATION A	ND RELATED SERVIC	(ES (PART B)	
☐ Parents wish to consider Part	B eligibility.		Parents DO NO	OT wish to o	onsider Part B eligibility.
COMMUNITY SERVICES					
Is the family being referred to community	services?	Yes 💷	No If YES,	check the	services that apply.
Developmental/Medical/Health:	Child Care	Enrichm	ent	Family Support	
□ Developmental Therapies (other than Part C and Part B) □ Equipment/Devices □ Home Health Care □ Immunizations □ Mental Health Care □ Women, Infants, and Children (WIC) Program	□ Group Ch □ Even Star □ Head Star □ Play Grou □ Preschool Public	□ Camps □ Camps □ Group Child Care □ Even Start □ Head Start □ Play Group □ Preschool Program: □ Public □ Private			Support Center (Please specify) Education Group mmunity Services:
	□ Recreation Program □ Judy Center □ Home Instruction for F Preschool Youngsters				
TRANSITION PLANNING MEETING NOTES/FUTU	RE STEPS				
Activities		Timelines		F	Person(s) Responsible
RESULTS OF THE INITIAL IEP ELIGIBILITY DETE	RMINATION ME	ETING (TO	BE COMPLETED BY S	PECIAL EDUCA	TION STAFF)
SPECIAL EDUCATION STAFF: Comple eligibility determination meeting. Check					
The child is determined to be ELIGIE services through an IEP.	BLE for ongoin	ng servic	es through an IFS	P or presch	ool special education and relate
The child is determined to be INELIG	SIBLE for ong	oing serv	rices through an II	FSP or pres	chool special education and

Questions To Consider

- Have I received a copy A Family Guide to Next Steps: When your Child in Early Intervention Turns 3?
- Did my early intervention team help me understand my options?
- Do I understand that if I terminate IFSP services, my child and family will no longer be eligible for services through an IFSP?

Transition information addresses what happens when your child turns 3 years old. Starting at 2 years of age, your service coordinator will begin discussing the transition process. You will be part of a transition planning meeting to plan, make decisions, and act on what happens after the Infants and Toddlers Program ends. It is the responsibility of the IFSP team to discuss the transition process.

The option to continue with early intervention services or transition to preschool special education services will be offered to your child, unless your family does not want to consider either of these choices. Developmental/educational information may be shared without parental consent between the local Infants and Toddlers Program and the local school system to support a child's progress through a seamless system of services and transition planning.

To determine if your child continues to need early intervention or special education services, he or she must be evaluated to determine eligibility. You must provide written permission for this evaluation to occur. After your child has been determined eligible at an Individualized Education Program (IEP) team meeting, it is your choice whether your child remains in the local Infants and Toddlers Program or transitions to the local Preschool Special Education Program.

For more information, refer to the publication, *A Family Guide to Next Steps: When Your Child in Early Intervention Turns 3*.

Prior to your child's third birthday, he or she may have caught up to same-age peers and met the outcomes on the IFSP. This is a very exciting time, even though you may be sad to leave your early intervention services and supports. Your service coordinator may help your child access community services and supports with typical peers so that your child maintains his or her newly acquired skills.

Whenever and wherever your child transitions, it is very important to participate in services and supports with typical children and their families in your local community.

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Family Resource Page

Your early intervention service providers will work with you and your child on outcomes to enhance your child's development. As a partner in the Infants and Toddlers Program, it is very important to be an active participant in every visit. Your early intervention service provider will demonstrate new strategies and techniques when they are working with your child. Make sure you understand what they are doing so that you can practice the skills and incorporate them into everyday routines and activities. The majority of your child's growth will occur while you are working with your child between sessions. Be sure to share your child's progress with your service coordinator and service providers so that you can plan together any changes in strategies that need to occur. Good luck on your early intervention journey!

10 Tips From "Veteran" Parents

- Your child will grow and develop in ways that will **amaze** you.
- **Involve** your whole family in your IFSP.
- Your service coordinator is a listener, resource, and **support** to your family.
- Trust the coaching model–the service provider **teaches** you activities.
- There are times when it is important to **just be** a family.
- **Connect** with other parents.
- **Celebrate** your child's strengths, talents, and interests.
- Remember to **take care of yourself** as well as taking care of your child and family.
- Leaving your local Infants and Toddlers
 Program is **not as scary** as it seems.
- You are the expert about your child.

Parent IFSP Checklist

- ☐ I understand why my child is eligible for the Infants and Toddlers Program.
- ☐ I invited family members, friends, and/or child care providers to my IFSP team meeting.
- ☐ My first IFSP was completed 45 days after my referral.
- ☐ My first services began 30 days after my IFSP was completed.
- ☐ I shared information about my family and child, and stated my hopes and dreams.
- ☐ My IFSP team considered my recommendations.
- ☐ My IFSP recognizes my child's unique strengths and developmental needs.
- ☐ My IFSP identifies opportunities where learning can occur within my family's daily routines.
- ☐ My IFSP describes ways that services can be provided in my child's daily routines, activities, and places.
- ☐ My IFSP supports my family in accessing community resources and supports.
- ☐ My IFSP identifies my service coordinator and other service providers.
- ☐ I was comfortable asking questions during my IFSP meeting and during early intervention services.
- ☐ I received a copy of my child's IFSP.
- ☐ I have provided written permission for services to begin.
- ☐ My early intervention appointments have been scheduled at a mutually agreed upon time and place.
- ☐ My first IFSP review will be in 6 months, but I may ask for a review at any time.



Family Worksheet: A Look At My Child's Development

This worksheet is provided to help you think about your child's strengths and needs. Early intervention service providers will be utilizing evaluation tools to determine how your child's development compares to other children his or her age. For children to be active and successful participants at home, in the community, and in places like child care or preschool programs, they need to develop skills in three areas: (1) developing positive social-emotional skills; (2) acquiring and using knowledge and skills; and (3) taking appropriate action to meet needs. As you complete the following chart, document what you have observed with your child in these three functional areas of development. Consider the skills your child currently has, and the skills you feel are important for your child to learn. It is important that what you know and believe about your child is included in the assessment information and the IFSP team discussion.

	HOW DOES MY CHILD	MY CHILD'S STRENGTHS What are some of the things my child enjoys? What skills does my child demonstrate or is beginning to demonstrate?	MY CHILD'S NEEDS What are some skills or behaviors that my child does not do or are difficult for my child? In what activities or skill areas does my child need considerable support and/or practice?
DEVELOPING POSITIVE SOCIAL- EMOTIONAL SKILLS	 Attend to people? Relate with family members? Relate with other adults? Relate with other children? Display emotion? Respond to touch? 		
ACQUIRING AND USING KNOWLEDGE AND SKILLS	 Understand and respond to directions and/or requests from others? Think, remember, reason, and problem solve? Interact with books, pictures, and print? Understand basic concepts, such as big, hot, etc.? 		
TAKING APPROPRIATE ACTION TO MEET NEEDS	 Take care of his/her basic needs, such as feeding and dressing? Move his/her body from place to place? User his/her hands to play with toys and use crayons? Communicate his/her wants and needs? Contribute to his/her own health and safety? 		
ADDITION	AL QUESTIONS TO CONSIDER:	 What activities or people does my child enjoy? How does my child let me know what he/she likes? When is my child most cooperative? What calms my child? 	 What activities or people does my child dislike? How does my child let me know what he/she dislikes? What frightens my child? What frustrates my child?



Glossary of Terms

Words and Phrases You'll Hear in Early Intervention

Early Intervention Services

- Assistive technology
- · Early identification
- · Family counseling
- · Family training
- Home visits
- · Medical services for diagnosis
- · Medical services for evaluation
- Nursing services
- Nutrition services
- Occupational therapy
- Physical therapy
- Psychological services
- Screening and assessment
- Service coordination
- Speech and language pathology
- · Social work services
- Transportation
- · Vision services

Early Intervention Service Providers

- **Audiologist:** Identifies, evaluates, and provides treatments and recommendations for children with hearing impairments
- Nurse: Helps families understand medical terms and issues
- **Nutritionist:** Supports children and families with food choices and feeding issues
- Occupational therapist: Supports fine motor development by helping children use their hands for purposeful play and developing feeding and self-help skills
- **Parents:** The ones who can share their child and family's hope and dreams and enhance every aspect of their child's development
- **Physical therapist:** Supports gross motor development by helping children as they move and play
- **Service coordinator:** Coordinates and facilitates early intervention services for all partners
- **Psychologist:** Evaluates and diagnoses children, and help families cope with their child's disability and the family's unique challenges
- Social worker: Links home and community for families, provides case management for children and families who require multiple services, and helps families manage or change challenging child behaviors
- **Special educator:** Uses strategies, interventions, and instruction to enhance the overall development of children with disabilities
- Speech and language pathologist: Helps children express what they want and what they need, helps them understand the world around them, and helps them understand what others are saying to them

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Glossary of Terms

Words and Phrases You'll Hear In Early Intervention

Natural Environments

- Home
- · Public preschool
- Community preschool
- Community pre-Kindergarten
- Head Start
- · Early Head Start
- Early child care and family learning centers (for example, Judy Hoyer Centers)
- · Child care centers
- · Family child care
- · Park and recreation programs
- Cooperative play groups
- Libraries
- Other child serving programs



Measuring Child and Family Outcomes

Measuring outcomes is a major consistent effort throughout the United States to understand how children and families benefit from early intervention services and supports and to help improve State early intervention programs

Child Outcomes

Progress for all young children is measured through outcomes that focus on skills and abilities children use to be successful in everyday activities and skills children need to be successful in future school settings. The three early childhood outcomes defined by the U.S. Office of Special Education Programs (OSEP) are: 1) children have positive social and emotional skills, 2) children acquire and use knowledge and skills, and 3) children take appropriate action to meet their needs.

The Maryland State Department of Education (MSDE) collects data on the three early childhood outcomes, gathered through the IFSP process by the local Infants and Toddlers Program. Parents and family members, early intervention staff, and other involved providers share information to understand how a child is functioning in relation to same age peers. This information is documented on the IFSP "Strengths and Needs Summary" page, at multiple points in time, in each of the three early childhood outcome areas, to answer the question "How Does My Child's Development Relate to His/Her Same Age Peers?" The summary of early childhood outcomes information provides an overall picture of a child's progress during his/her participation in early intervention.

For children after age 3 who continue to receive services through an IFSP, the team may also use the Work Sampling System (WSS) checklists to observe and document a child's progress on school readiness skills.

Family Outcomes

Local Infants and Toddlers Programs work with families and caregivers to enhance the development of each child. Once each year, your family is asked to complete a survey to measure how early intervention services have helped your family. The three family outcomes defined by the OSEP are: 1) families know their rights, 2) families effectively communicate their children's needs, and 3) families help their child develop and learn. The summary results from the survey are reported to OSEP each year and directly assist local and statewide program improvement efforts.

More resources for families:

For additional information, contact:

Local Infants and Toddlers Programs

Allegany County 301-689-0466 Anne Arundel County 410-222-6911 **Baltimore City** 410-396-1666 **Baltimore County** 410-887-2169 Calvert County 410-414-7034 410-479-3246 Caroline County Carroll County 410-876-4437, x277

410-996-5444 Cecil County 301-609-6808 **Charles County Dorchester County** 410-221-5207

Frederick County 301-600-1611 or 301-600-1612

410-827-4629, x108

Garrett County 301-334-1189 Harford County 410-638-3823 **Howard County** 410-313-7017 410-778-8486 Kent County Montgomery County 240-777-3997 Prince George's County 301-265-8415

Queen Anne's County Somerset County 410-623-2037 St. Mary's County 301-475-4393 **Talbot County** 410-820-0319 Washington County 301-766-8217 Wicomico County 410-677-5250 Worcester County 410-632-5033

Maryland School for the Blind 410-444-5000 Maryland School for the Deaf 410-480-4545

Online Resources:

www.mdecqateway.org - Resources and information for families and providers of children with disabilities age birth through five

www.marylandpublicschools.org - Find IEP related resources, including:

- Building IEPs with Maryland Families: What A Great Idea! A Guide To Developing, Implementing and Reviewing IEPs For Students with Disabilities
- Understanding the Evaluation, Eligibility, and IEP Process in Maryland
- Parental Rights: Maryland Procedural Safeguards Notice

http://tinyurl.com/extendedifspoption - Link to the Policies and Procedures document for the Maryland Extended IFSP Option

Additional information and resources may also be provided by the:

Early Childhood Intervention and Education Branch

Early Childhood Intervention and Education Branch

Maryland State Department of Education

Division of Special Education/Early Intervention Services

200 West Baltimore Street, 9th Floor

Baltimore, Maryland 21201 Phone: 410-767-0261 Toll Free: 1-800-535-0182 410-333-8165 Fax:



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Martin O'Malley, Governor