Steps to Build a Functional Child Outcome

1. Read the short-hand version of the outcome from a family-centered, functional needs assessment (e.g., RBI) (e.g., eating and chewing).

2. Find out what routines this affects (lunch, dinner, restaurants).

3. Write “Child will participate in [the routine(s) in question]” (e.g., Darcy will participate in lunch and dinner times and at restaurants).

4. Write “by ______ing”, addressing the specific behaviors (e.g., by chewing her food and moving food from side to side with her tongue).

5. Add a criterion for demonstration the child has acquired the skill (e.g., We will know she can do this when she eats one cup of food in this manner).

6. Add another criterion for generalization, maintenance, or fluency, if appropriate.
   a. Across routines, people, materials, places, etc.
   b. Over time (see following step)
   c. Rate of behavior (e.g., one time at lunch, one time at dinner, and one time at a restaurant)

7. Over what amount of time? (e.g., in one week)

Whole Outcome:

Darcy will participate in lunch and dinner times and at restaurants, by chewing her food and moving food from side to side with her tongue. We will know she can do this when she eats 1 cup of food in this manner, one time at lunch, one time at dinner and one time in a restaurant in one week.